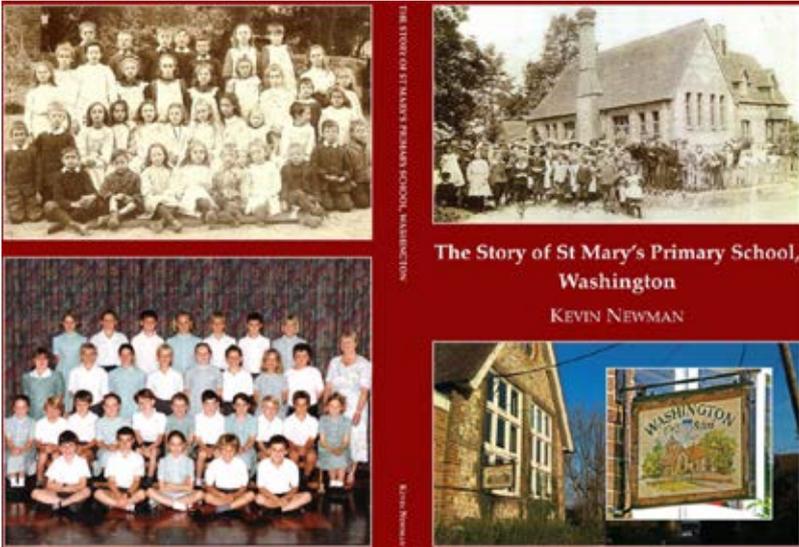


Towers News Winter Term

Year 10s Involved In The Publishing Industry



Year 10 girls Emmy N and Kira F had experience of publishing by helping get a local history book into print. They helped proof-read 'A History of St Mary's Primary School, Washington' for a local author and their efforts meant the books are now ready for the children and parents at the Washington school to read. Their history teacher, Kevin Newman said: "Emmy and Kira were brilliant and took to the challenge with great relish. As great readers, I thought they'd be ideal for the challenge and they were more than up for the task. They should be proud of themselves and the part

they played." The school is looking to involve students more with the work of local authors, with girls being asked to contribute to future local publications such as the Argus's history supplement, Super Sussex. Look forward to seeing far more of our girls in print and working in the publishing industry in the near future!

Year 7 Team Building Day at Hindleap Warren



Despite the drizzle the Year 7 pupils and 3 staff had a wonderful team-building day at Hindleap Warren. Stepping outside our comfort zones and working to help each other in the beautiful countryside was a lovely way to end a busy first week in the seniors. By the time we returned home, tired but happy, we all knew each other well and felt like a big family. To quote some of the girls:

"I overcame my fear on the climbing wall hearing my friends saying "Go fast, you're in good hands!"

"I enjoyed going under things and getting muddy!"

"I loved this whole day, I didn't want to leave"

"We really enjoyed the day especially the giant swinging ropes, the maze and the orienteering. Thank you to everyone who took us, it was great fun!"



'FREEDOM' – Acrostic poems written for National Poetry Day, 2017

*Freedom of body and soul
Right to stand up and speak unhindered
Every opportunity is snatched and completed
Excellent ideas of a bright active mind
Driven no longer by greed and power
Outstanding; not running or scared any
More.*

By Bea C, Yr 8

*Fly like the birds beating their wings
Raise your head up to the sky
Everywhere you look, clouds drift lazily
Extra lush grass is below
Dreams of nature fill your head
Oh look at the chicks sleeping in their bed
Marvellous countryside – the place for freedom*

Erin G, yr 7

The Great British Drake Off



Year 11 history students have been taking part in 'The Great British Drake Off', where they had to design and make a cake to celebrate the life and achievements of Sir Francis Drake. Drake appears in the Early Elizabethan England topic in the new GCSE History course. Students had to decide whether they would reflect on him being the first Englishman to circumnavigate the world, his adventuring and voyages, his daring raid on Cádiz or his pivotal role in the defeat of the Armada.

The winning cake design was produced by Steph O who produced a chocolate cake plan that celebrated Drake's voyages in comparison with other explorers. The winning cake made was by Ella S who produced a timeline of Drake's life on her cake, which was bedecked with jewels 'stolen' by Drake from the Spanish. Georgia H, who had the hardship of having to eat the cakes on her birthday was awarded a flat chocolate cake, celebrating the fact Drake's circumnavigation proved the earth was no longer flat and the candles on it reflected the fireships he helped defeat the Armada with. The class also used chocolate ships to investigate the routes and clashes of both the English and Spanish fleets in the Anglo-Spanish war of 1588. Hopefully the lessons not only made history enjoyable, but meant that developing subject knowledge on Drake and the Armada at The Towers for next year's GCSE exams will be a piece of cake!



Year 8 Music at Penns Court

The Towers South Pacific Triumph



Towers Seniors have enthralled audiences across the week with performances of the musical, South Pacific.



The near-professional standard of acting, singing and dancing enabled spectators to live through the emotional roller-coaster of love and loss, whilst bringing to life endearingly eccentric characters such as Bloody Mary.

The magical production transported audiences back to the Second World war to exotic climes, where the Americans were fighting the Japanese.



The magnificent production was put together by Mrs Sam Nixon, Drama Coordinator and Mrs Heidi Gray, Music Coordinator, whose expertise and professionalism inspired the pupils to excel.



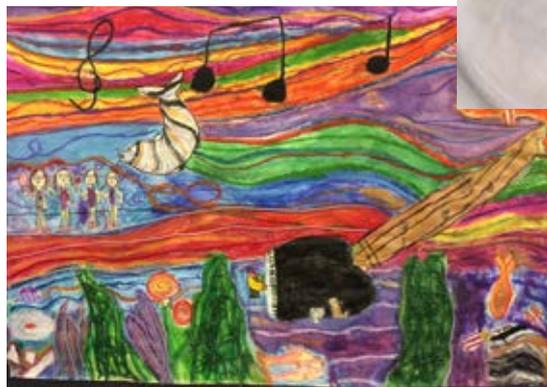
Junior Outdoor Learning Day



The Junior children were blessed with a dry and sunny day for their outdoor learning day. The day started with outdoor mindfulness and then each class moved into activities. These included making bug houses, measuring halves and quarters, chalking Rangoli patterns, measuring and making a banquet in the muddy kitchen, creating stories inspired by The Stick Man and taking photographs of story settings. The children had assembly outside and were challenged to hold the 'Tree' pose for one minute. It was a thoroughly enjoyable day for the children throughout which valuable learning took place. We look forward to having more outdoor days.



*Year 7 Hundertwasser inspired artwork
Taylor H, Amelie L and
Erin G*



*Year 9
Sashia D*

*Year 7 Hundertwasser inspired artwork
Eva B, Miranda BT and
Ellena L*



MacMillan Coffee Morning



On Friday 29th September Year 6 Towers pupils hosted a MacMillan Coffee Morning. The selection of delicious cakes, made by parents and pupils, was vast and mouth-watering. Pupils and parents enthusiastically supported the event and enjoyed the delicious fare, raising a very impressive £661.78 for the charity. At the same time we held a Towers Bake Off competition. The cakes were outstanding in taste, design and originality. Choosing the winner was an extremely difficult decision for the three judges. After much deliberation, Bea was proclaimed the winner (holding her winning cake in the photo). Her cake was made from courgettes she had grown and she had made all the intricate vegetable decorations herself. Move over Mary Berry!



CAFOD Harvest Service



I'm sure you'll all agree that the CAFOD Harvest Service was wonderful and it was fantastic to see so many of you there. We raised £227 for CAFOD with the harvest sale. Thank you so much for your generous support.



Year 10 Helicopter Simulator STEM Programme



Robert Mitchell from Thales came to the school, as part of our STEM programme, bringing with him a helicopter simulator. All of Year 10 were able to try their hand at flying the helicopter and trying to land it just outside a village. It certainly was a challenge as no-one managed it – then Mr Mitchell admitted that he never had either!

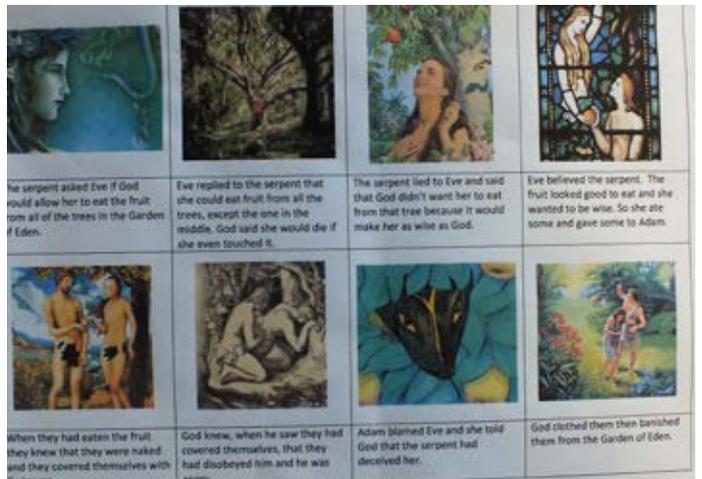
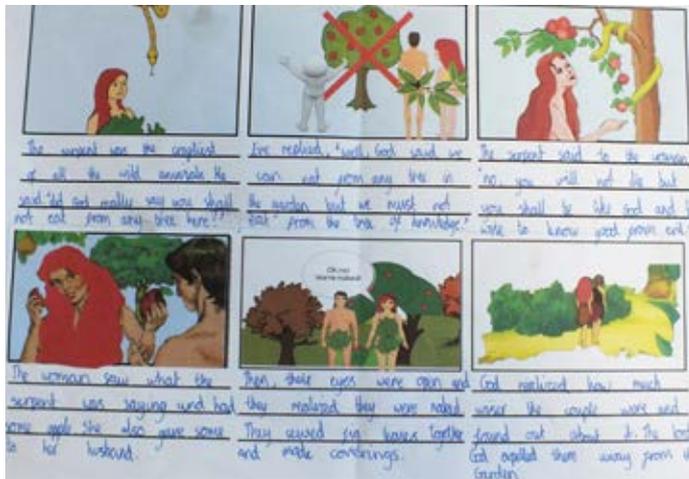


*Year 7 Alpha
Fruit Tartlets
Practical Test*

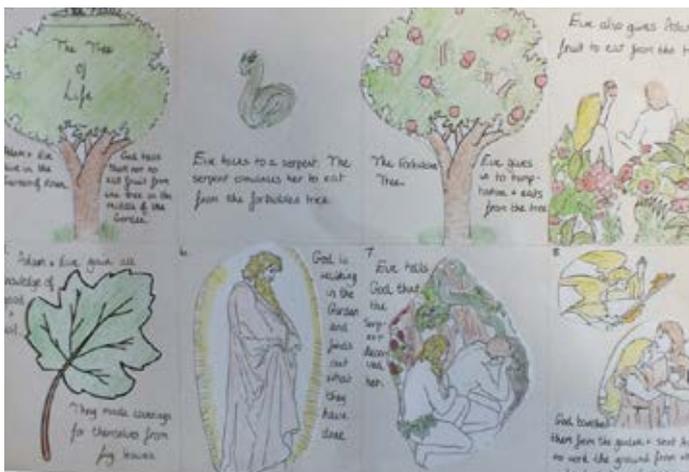
Children in Need Ramble – Friday 13th October



Thank you everyone for all support, excellent enthusiasm and participation from all the girls in the senior school for the Children in Need Ramble. All the senior girls met on Friday afternoon to complete a two and a half mile ramble along the River Adur. Key stage three girls left first and made a great start setting the pace for the rest of the walk, shortly followed by Key Stage 4. The ramble took about an hour to complete and were all welcomed back for squash and biscuits. An amazing effort by all students and outstanding effort in collecting sponsorship money. In total we raised £1415.00 for Children In Need, with over a £100 raised by Maisy M in Year 8, a big thank you to everyone.



Year 8 The Fall of Adam and Eve



Inter-house Dance Competition

Well, after weeks of rehearsing, it was the afternoon of the Inter-house dance competition.



The theme this year was 'a night at the movies', and students were given the option to create a solo/duet or a group performance. Year 7 - 8 and the year 9, 10 and 11 competed against each other. The afternoon started with the solo/duet from Years 7 and 8 category. There were dances from the Jungle book, Annie, to Lord of The dance. Millie and Darcey from Clitherow Year 8 came first with a dance from Hairspray the movie. The Year 9, 10 and 11 solo/duets followed with a different range of themes from the Bodyguard, Anima, to James Bond Skyfall. Lilly and Eloisa from More came first in this category. Before the group dances, each house from the Juniors performed a dance involving pupils as young as 4, with some well-choreographed and practiced dances. Campion came first in the Juniors with their theme 'I see the light' from Tangled, and their great use of lanterns as props.



The next section of the inter-house dance was the group dances, with the junior group starting with a range of themes, from the Troll movie, Mamma Mia, and The Little mermaid. Year 8 from Clitherow performing Footloose, came 1st, and Year 7 from More, performing All I want for Christmas, came 2nd. The final category of the competition was the senior group dances. Clitherow performed 'So long Farewell' from The Sound of Music and came 3rd, Year 9 from Clitherow came 2nd with a track from Pitch Perfect 2 and the winners were a trio from More, Kirsty, Lilly and Eloisa who danced to Photograph by Ed Sheeran from the film Me Before you.

Once all the scores were added together Campion came 4th, Clitherow came 3rd, Howard came 2nd and with 260 points, More came 1st in the 2017 Inter-house Dance Competition.

More photos can be viewed on: <http://www.thetowersschool.org/inter-house-dance-competition/>



Laser-Run World Championships

My Journey To Get There

I flew out to South Africa to represent Great Britain as part of the Pentathlon GB Team competing in the Laser-Run World Championships run by the UIPM (Union Internationale De Pentathlon Moderne). The five sports that make up a whole Pentathlon event are running, shooting, swimming, fencing and horse riding. I had just started swimming with the Atlantis Swimming Club, and doing athletics in Horsham and was enjoying them both. I had also done some shooting on Cub camp and loved it, so I thought being able to do a sport which combined all these would be great fun. I can't ride a horse, and had never fenced before, but looking at videos of fencing it looked interesting. We discovered Surrey Modern Pentathlon Club and started going for a couple of hours a week where I did all aspects of Pentathlon (except the horse riding). There are lots of different types of competitions that involve a different combination of the 5 events. I am only old enough to do the running, shooting and swimming in the competition at the moment.



This year I have had mixed success at these competitions, but am growing in confidence each time. In June I did my first laser-run competition in London. I compete in the U11's as they are 2 year age groups, so I knew I was the youngest which made me a little nervous. In my age group we have to shoot 5 green lights on the target in 50 seconds using a laser gun, then run 400m and then repeat both of these again without stopping. If you get 5 green lights in less than 50 seconds you can run straight on. The second shoot is much harder as I am tired from the first shoot and the running. I did ok in London and came 2nd in a time of 4 minutes and 33 seconds. I had qualified for the British Championships!

In August we travelled to Yate in Dorset for the British Championships. I knew this was a qualifying competition for the World Championships, but to qualify you had to come in the top 6 and be under the

qualification time of 4:30. My London time was close to this, but I knew there was tougher competition so didn't expect to place. I did my warm-up on the shooting range and was confident as that went well and I was getting all the lights in about 20 seconds. Now I had to do it under pressure!

We lined up on the start line (we have to do a short run into the shooting range first). I let the bigger girls get in front of me so I didn't get tripped up as I have seen happen to others before. I was a little nervous, but was able to control it and was happy with my first round of shooting as I came out ahead of lots of the others and just had to do the first of my 400m runs which I knew I could do. As I came out of the shooting range for the second time I knew I was ahead of lots of them, but didn't know exactly where I was or if I was even close to the qualifying time. I crossed the line knowing I had done all I could, and was pretty certain I was in the top six so was so excited as I hadn't expected that at all. Then we had to wait for them to publish the times – it felt like ages, but was probably only 20 minutes or so. I had done it in a time of 3:45.25. This was a massive PB and I was chuffed. We still had to wait for about a week for the email from Pentathlon GB confirming I had been selected to represent GB at the World Championships but when it came I realised I was actually going - I was so excited. My grandma took me out there as she had always wanted to go to Cape Town, which is where I was competing. My GB kit finally arrived, and I practised my shooting every day to be as ready as I could be – some days I got all 5 lights in about 15 seconds and others it took nearer 30 seconds and that would make a massive difference to how I did in SA. I put in lots of running practice too, so I knew I have tried my hardest and was going to go and enjoy meeting lots of other competitors from all over the world and have some fun.



Emily O

Glyndebourne Performance of Mozart's Così fan tutte



On Wednesday 11th October, all of Year 8, along with the GCSE music students, went to Glyndebourne to see a performance of Mozart's *Così fan tutte*. We were all treated to a collaboration of outstanding music, beautiful scenery, stunning costumes and breath-taking singing. One of the most unusual aspects of *Così fan tutte* is the way it dissolves the traditional musical divide between comic opera and dramatic opera. We were kept guessing as the story swiftly pivoted between moments of real comedy and at other times dramatic tragedy. It was a truly wonderful and memorable experience for everyone.

Parliament Week: Baroness O'Cathain

We were delighted to welcome Baroness O'Cathain from the House of Lords, during Parliament Week, who had the following to say about The Towers;

"It was a truly pleasurable and most interesting experience. It was quite the most rewarding one I have done - and I have done scores of them over the years! Lovely school, great students - nothing distracted them from the presentation and their questions were really excellent. I am very grateful that I had the opportunity to meet them all and to interact with them"



Reception, Year 1 & 2 India Topic



The children have had a wonderful time finding out all about India. They have been writing, drawing and cooking. They performed a fabulous assembly showing all the parents the work they had produced and entertaining us all with an Indian dance.

Upcoming Events Next Term

Entrance exams

Year 9 Parents' and Options Evening

Year 11 Parents' Evening

Junior Choir Competition

Junior Parents' Evening

Junior and Senior Open Evening

Junior Performing Arts Afternoon



The Towers

Traditional values in a modern way



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